

Female Track Records	U11	U13	U15	U17	U20	Senior	Veteran
80 m							
100 m		Ella Hawse 17.1 Grimsby 18/5/14					
200 m							
400 m							
600 m	Daisy Marshall 2.28 Grantham 11/7/10						
800 m		Ella Hawse 3:11.3 Grimsby 18/5/14					Janine Stones 2:33.7 Grantham 11/7/10 (v35)
1000 m							
1500m							Janine Stones 4:59.87 Watford 5/5/10 (v40)
1 mile						Sheryl Hawse 5.58 Nottingham 19/6/14	Janine Stones 5:31.7 Grimsby 24/5/08 (v35)
3000 m							Janine Stones 10:47.57 Stratford 3/5/11 (v40)
5000m							Janine Stones 18:47.5 Nottingham 16/7/09 (v35)